



JAMMU AND KASHMIR PUBLIC SERVICE COMMISSION

Solina Srinagar, Kashmir -190009

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Subject: Conduct of Physical Fitness Test (Minute Run/Walk test) for the post of Physical Training Instructor, in Higher Education Department notified vide Notification No. 08-PSC(DR-P) of 2023 Dated 01.03.2023 & 11-PSC(DR-P) of 2023 Dated 05.04.2023.

NOTICE DATED: 29.10.2025

In continuation to this Commission Notice dated 24.10.2025, It is notified for information of the candidate, namely Mr Mushtaq Ahmad Sofi, Roll No. 4300060 that his Physical Fitness Test (Minute Run/Walk test) for the post of Physical Training Instructor, in Higher Education Department shall be held on 30.10.2025 at University of Kashmir. The candidate is further directed to report at the Venue of the Physical Fitness Test (Minute Run/Walk test) at 10:00 A.M sharp.

Further, the candidate has to produce a medical certificate certifying that he is medically fit before undertaking such test, as laid out in the rules 45 of J&K Public Service Commission (Business & Procedure) Rules, 2021.

Note: Mere calling a candidate for Physical Fitness Test does not confirm/certify his eligibility for the post and it shall not confer any right on him to selection.


29.10.2025
(P.N Hamid) JKAS
Deputy Secretary
J&K Public Service Commission

Dated: 29.10.2025

No: PSC/DR/PTI/GCET/GDC/HED /2023(7787572)

Copy to the:-

1. Commissioner/Secretary to the Government, Youth Services & Sports Department, Civil Secretariat, J&K.
2. Director General, Youth Services & Sports Department, J&K requested to kindly also take Physical Fitness Test of the said candidate on 30.10.2025, at Srinagar and share the results with the Commission.
3. Director, Information and Public Relations, Department of Information and Public Relations, Government of Union Territory of J&K for publication of the notice in all leading newspapers published from Jammu/Srinagar.
4. Joint Director, Youth Services & Sports Jammu/Kashmir for information.

5. General Manager, Government Press, Jammu/Kashmir for publication of notification in the extra ordinary issue of Govt. Gazette, also requested to provide 10 copies of the above notification immediately upon its publication.
6. Private Secretary to the Chairman, J&K PSC for information of the Hon'ble Chairman.
7. Private Secretary to Member for information of _____, Hon'ble Member.
8. PA to Secretary, J&K Public Service Commission for record and reference.
9. PA to Controller of Examination, J&K Public Service Commission
10. In-Charge website for uploading the Notice on website.
11. Notice Board, J&K PSC Srinagar/Jammu.
12. Concerned.
13. Main file.

Copy also to the :

1. Director, All India Radio Srinagar.
2. Director Doordarshan Kendra Srinagar.