



JAMMU AND KASHMIR PUBLIC SERVICE COMMISSION
RESHAMGHAR COLONY, BAKSHI NAGAR, JAMMU.
(www.jkpsc.org)

Subject: - Conduct of Screening Test and Notification of the Syllabus for the posts of Medical Officer (Ayurvedic).

NOTIFICATION NO: - 26- PSC (DR-Syl) of 2012
D A T E : - 23 -04 -2012

In continuation of Notification No:- 06-PSC of 2012 dated 14-03-2012, the syllabus for conduct of Screening Test for the posts of Medical Officer (Ayurvedic) in Health and Family Welfare Department is notified as under :-

1. **Ayurveda Ithihasaya (History of Ayurveda)**
 - a. Introduction of Ayurveda and Astang Ayurveda.
 - b. Information of Ayurveda during different eras.
 - c. Description of ancient Ayurveda.
 - d. Description of recent Ayurvedists.
 - e. The factors that led to the deterioration of Ayurveda system of Medicine.
2. **Astang Sangraha (Eight branches of Ayurveda)**
 - a. Ayurveda Avtaran Itihaas.
 - b. Four Limbs (Basic factors of Treatment.)
 - i. Quality of Physician
 - ii. Qualify of Drugs.
 - iii. Quality of Nurse.
 - iv. Quality of Patient.
 - c. Importance of Fully equipped Physician.
 - d. General Diseases.
 - e. General consideration regarding diets.
 - f. Process of digestion and Metabolism.
3. **Rachna Sharir (Human Anatomy)**
 - a. Sharir Vyakya.
 - b. Garbha Sharira Rachna (Embryology)
 - c. Asthi Sharir Rachna (Osteology)
 - d. Koshta, Koshtanga and Aashaya (Splanchnology)
 - e. Srothas Sharira (Vascular system of Body)
4. **Rog-Vigyan Avam Vikriti Vigyan (Pathology)**
 - a. Thri Doshas
 - b. Vyadhi Kshamathra

- Its concept, importance and varieties.
 - c. Classification of diseases according to srotas.
 - d. Rogi Pariksha.
 - e. Details about history taking.
- 5. **Kaya Chikitsa (Medicine)**
 - a. Jwara, Navajwara, Jeernajwara, Vathaja, Pithaja.
 - b. Grahani, Arshas.
 - c. Hridroga.
 - d. Kushta (Differences and Comparison of Vatharaktha and Kushta).
 - e. Masurika, Laghu Masurika, Small pox, Chicken pox, measles and other infectious diseases, examination and comparative study of concept of Ayurvedic and modern medical sciences.
 - f. Mental Diseases (Including special traditional treatment).
 - g. Involvement of kaya chikitsa in poisoning and accident.
- 6. **Kaumar Bharitya (Paediatrics)**
 - a. Introduction and history of kaumarabrithya.
 - b. Stage of childhood and classification of age.
 - c. Growth and development, dentition.
 - d. Nutrition according to different ages. Breast Milk, Wet-nurse and Milk substitutes.
 - e. Infectious diseases.
 - f. Malnutrition.
 - g. Mental Health and related problems in Children.
 - h. Immunization Schedule.
- 7. **Prasuti Tantra Avam Stri-Rog (Gynae and Obst.)**
 - a. Anatomy of Female.
 - b. Garbha Vigyana (Embryology)
 - c. Fetal Disorders.
 - d. Diseases of pregnant mother.
 - e. Birth control methods.
 - f. Sexually transmitted diseases of women.
- 8. **Shalaky Tantra (ENT)**
 - a. Shalaky Definitions, History and development Branches of Shalaky-Nethra (Eye), Sirarsa (Head), Karna (Ear), Nasa (Nose) and Mukha (Mouth)
 - b. Nethra Roga – (Eye Diseases)
 - c. Shiroroga – (Head Diseases)
 - d. Karna Roga – (Ear Diseases)
 - e. Nasa-roga (Nasal Disorders)
 - f. Mukha Rog. (Oral Diseases)
- 9. **Shalya (Surgery)**
 - a. Origin of Shalya Thantra, the place of Shalya Thantra in eight Fold. Ayurveda, Deterioration of Ayurveda Surgery.
 - b. Classification of Diseases.

- c. Method of Rakta Nivarana (Haemostasis).
- d. Bandaging.
- e. Paschath Karwa (Post operative care)
- f. Application of kshara (Caustics).
- g. Arbuda (Tumours)
- h. Rajayakshama (Tuberculosis)
- i. Diseases of the chest, diseases of the breast, breast abcess, diseases of pleura.
- j. Diseases of the liver.

Note:- The Date of Screening Test shall be notified separately.

Under Secretary
J&K Public Service Commission
Jammu.

No. PSC/DR/M.A.O./2010

Dated: 23-04-2012

Copy to :-

1. Commissioner/Secretary to Govt., Health & Family Welfare Department, Civil Secretariat, Jammu.
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